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# Free Fall Investigations 

## Reaction Time

1. Drop a meter stick for 5 trials
2. Record the distances in meters

3. Calculate Average Distance
4. Solve for Reaction Time: time $=\sqrt{2 \mathrm{~d} / \mathrm{g}}$

|  | Trial 1 | Trial 2 | Trial 3 | Trial 4 | Trial 5 |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Distance (m) |  |  |  |  |  |

Sample Calculation:

| Average Distance $=?$ <br> Avg. distance $=$ sum trials $/ \#$ trials | Reaction Time $=?$ <br> $\mathrm{t}=\sqrt{2 \mathrm{~d} / \mathrm{g}}$ |
| :--- | :---: |
|  |  |

## Vertical Leap

1. Jump 5 times and record
2. Calculate for average time
3. Average Time $/ 2=t_{1 / 2}$

4. Solve for distance: $d=1 / 2 g\left(t_{1 / 2}\right)^{2}$
5. Solve for lift off speed: $v=g t_{1 / 2}$

|  | Trial 1 | Trial 2 | Trial 3 | Trial 4 | Trial 5 |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Time (s) |  |  |  |  |  |

Sample Calculation:

| Average time $=$ ? |
| :--- |
| Avg. time $=$ sum trials $/ \#$ trials |
|  |
| $t_{1 / 2}=$ |

$$
\begin{array}{ll}
\text { Distance }=? & \text { Lift Off Speed }=? \\
d=1 / 2 g(t / 1 / 2)^{2} & v=g t_{1 / 2}
\end{array}
$$

